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## **Barbara Ott**

Dipl. Psychologist / Psychological  
Psychotherapist

### **Training**

- 2017**  
Associate Certified Coach (ACC), International Coach Federation (ICF)
- 2016**  
Training European Business Coach, International Coach Federation - ICF
- 2013**  
Certified for the personal assesment Tool DiSC from persolog®
- 2012**  
Certified Senior Coach BDP, Association of German Professional Psychologists
- 2008 - 2009**  
Training in PEP, Dr. M. Bohne, Hannover
- 1999 - 2000**  
„International Program in a Gestalt Approach to Organization and System Development” (OSD) “OSD Consultant” Gestalt Institute of Cleveland (Ed Nevis et.al.), USA
- 1999**  
Approbated psychological psychotherapist
- 1995**  
Supervisor (BDP)
- 1975 - 1982**  
Study of Psychology (Dipl.) at the Ludwig-Maximilians-University Munich

### **Areas of expertise**

- Organisation and process consulting
- Development, design and conduct of seminars and trainings with the focus on personal development
- Measures for specific target groups
- Individual coaching
- Department specific educational measures

### **Experience**

- Since 2007**  
Cooperation partner of Strasser & Strasser Business Consulting AG
- 2004 - 2014**  
Lecturer in a Training for Coaches on a private college in Basel
- Since 1997**  
Self-employed in the fields training, consulting, coaching, supervision and organisation development
- 1990 - 1997**  
Managing partner at Thomaser, Ott & Partner, Hohenpeissenberg
- 1988 - 1990**  
Employee at Bicon, training institute, Gröbenzell
- Seit 1985**  
Freelance trainer at several businesses and educational institutions, D-A-CH
- 1983 - 1988**  
Consulting, therapy and social projects (NPOs), Munich